

29/09/2018

2018 Gauteng Bench Press Championships

[illegible]

	29/09/2018	2018 Gauteng Bench Press Championships																		
Ladies - Classic Bench	Name	Team	Div	Bwt (kg)	WtCls (kg)		Wilks Coeff		BP-1	BP-2	BP-3		Best BP		(2) Wilks Pts		Place	Best Lifter	Qualified for SA Bench	
Junior	Heidi van Vuuren	RAS	FR-J	58.9	63		1.131		35	37.5	-40		37.5		42.413		1	Junior		
Master 2	Heather Leighton	SoS	FR-M2	69.5	72		1.000		32.5	35	37.5		37.5		37.493		1	Master 2		
Open	Lisa Basson	Bull	FR-O	60.5	63		1.108		72.5	77.5	-80		77.5		85.855		1	Open	Q	
	Sofia Kavallieratos	PP	FR-O	68.5	72		1.010		57.5	62.5	65		65		65.650		1		Q	
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Men - Equipped Bench	Name	Team	Div	0	74		Wilks Coeff		BP-1	BP-2	BP-3		Best BP		(2) Wilks Pts		Place	Best Lifter	Qualified for SA Bench	
SubJunior	Ricardo Visser	GNPC	ME-SJ	66.7	74		0.779		65	72.5	80		80		62.280		1	SubJunior		
Junior	Ruben van der Linde	RAS	ME-J	67.4	74		0.772		-130	-130	130		130		100.347		1	Junior	Q	
Master 1	Glen van der Linde	RAS	ME-M1	71.9	74		0.734		130	135	-140		135		99.157		1		Q	
	George Parker	GNPC	ME-M1	92.1	93		0.631		145	152.5	160		160		100.976		1	Master 1	Q	
Master 2	Mark Phillips (O/M2)	GMBC	ME-M2	93.9	105		0.625		160	170	-180		170		106.318		1		Q	
	Craig van Wyk	PP	ME-M2	119.6	120		0.575		180	-185	185		185		106.449		1	Master 2	Q	
Open	Mark Phillips (O/M2)	GMBC	ME-O	93.9	105		0.625		160	170	-180		170		106.318		1	Open	Q	
Referees Session 1:	Marcel Vorster (chief)			Referees session 2:				Megan Leighton (chief)												
	Jandre Bezuidenhout							Jandre Bezuidenhout												
	George Parker							Sandri van Staden												